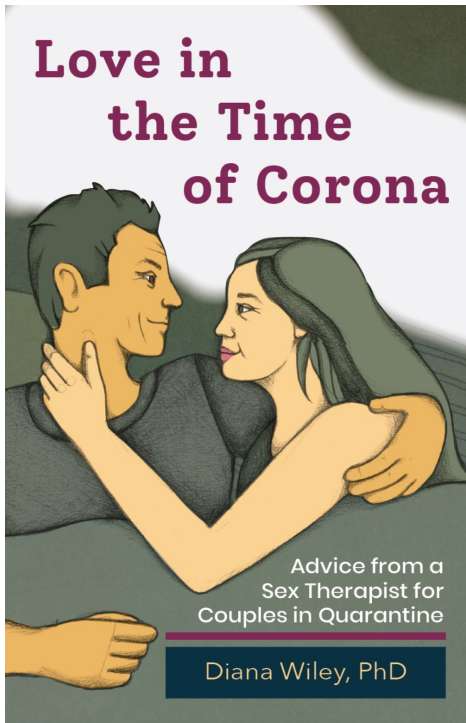


Love in the Time of Corona

Advice from a Sex Therapist for Couples in Quarantine



Use any of these ten steps to enjoy a more sensual & sexual connection with your partner.

1. Get to Know Your Partner Better
2. Plan Your Date Night at Home
3. Be Mindful About Sex
4. Use Touch to Relieve Stress
5. Revitalize Your Senses
6. Laugh and Play Together
7. Try Something New
8. Learn More About Sex
9. Express Gratitude
10. Recommit to Your Relationship

Relieve stress and anxiety.

Strengthen your relationship. Have more fun!

Praise for Love in the Time of Corona

It's the perfect book for couples who want to pluck something good out of a demanding and dangerous period of world history.

— **Pepper Schwartz, Ph.D.**, Professor of Sociology,
Co-author of *The Normal Bar*

Timeless advice from one of the best sex and relationship therapists I know.

— **Eli Coleman, Ph.D.**, Professor and Director, Program in
Human Sexuality, Univ. of Minnesota Medical School

Packed with easy-to-use ideas and tips to improve your intimate connections and fire up your healing erotic energy. Dr. Diana is the voice of relationship wisdom — mindful, playful and pleasure-positive!

— **Sheri Winston, CNM, RN**, author of *Women's Anatomy of Arousal* and *Succulent SexCraft*



Diana Wiley, PhD

has more than thirty years of experience as a licensed marriage & family therapist and a board-certified sex therapist.

Available on Amazon as a paperback or e-book

DearDrDiana.com